

FEDERAL BANK
KOCHI SWIMATHON ULTRA 2026
India's Largest Open Water Swimathon
 THE FIFTH EDITION - FRESH WATER
 12 APR 2026, SUNDAY

EVENT DAY GUIDELINES

KOCHI SWIMATHON ULTRA 2026 EVENT SCHEDULE & CUT OFF TIMINGS					
CHECK IN COUNTER			RACE	CUT OFF TIMINGS	
EVENT	OPEN	CLOSE	START	FINAL 2KM LOOP	FINISH LINE
20K ULTRA	05:00	05:15	05:30	Before 11.50	12:30 (7.00 Hrs)
10M ULTRA	05:00	05:30	05:50	Before 11.50	12:20 (6.30 Hrs)
10K MARATHON	05:00	05:40	06:10	Before 11.10	12:10 (6.00 Hrs)
6 Km	05:00	06:00	06:30	Before 09.00	10:00 (3.30 Hrs)
4 Km	06:00	07:10	07:30	Before 09.00	10:15 (2.45 Hrs)
2 Km	06:30	08:00	08:30	-	10:30 (2.00 Hrs)
1 Km	09:30	11:20	11:50	-	12:50 (1.00 Hrs)
400m	10:00	11:50	12:20	-	12:50 (0.30 Hrs)

IMP Note: The organizers reserve the right to change the Event Schedule at any time, due to unavoidable circumstances arising from bad weather, safety or instructions by govt. authorities or any other reasons the organizers deem fit.

PARKING

- Park vehicles **on one side of the road** to avoid traffic jams.
- Use **carpooling or public transport** whenever possible.
- Limited parking available at the venue.
- Additional **Pay & Park facility** nearby.

REGISTRATION ENTRY

Bring / Show at GATEWAY

-  Confirmation email with Bib Number (printed or on phone)
-  Swimmers under 18 must be accompanied by Parent / Guardian
-  Valid Photo ID Proof (same as submitted during online registration)
-  Tow Float (filled with air, for marking)

REPORTING FORMALITIES:

- Swimmer Identification – ID proof check
- Sign **AWRL** (Accident Waiver & Release of Liability)
 - For Under-18 swimmers: Parent / Guardian must sign
- Parent Authorization Letter (if parent not present)
 - Soft copy to **info@tdksports.in** or WhatsApp **8089084088**
 - Hard copy with ID proofs to be submitted at Registration Counter
 - Download format: [Parent Authorization Letter](#)
- Tow Float marking & Bib collection

i Important Notes:

- All participants must arrive within the **reporting time** on event day.
- Swimmers must verify identity with the same Photo ID used during registration.
- Bib numbers will be marked on the arm at the counter and must be worn during the event.
- Tow Floats will be marked and must be retained until the end of the event.

🛒 BELONGINGS – BAG KEEPER

- ★ “**BAG KEEPER**” facility available at the venue.
- ★ Charges/piece: Key ₹10, Mobile/Small bag ₹50, Large bag ₹100
- ✗ 📿 📱 📺 📺 “Do not deposit ornaments, cash, explosives, or valuables
- ★ Swimmers are responsible for their own belongings.

🧢 SWIMMING CAP

- 🔗 It is **mandatory** for all swimmers to wear a **coloured swimming cap** throughout the race.
- 🔗 You may wear any size or type of cap that is comfortable for you.

🚫 SWIMMING AID

- ✗ **Swimming aids are not allowed.**
- ✗ Prohibited items include:
 - ✗ Flippers
 - ✗ Palm Pads
 - ✗ Mask & Snorkel

🚫 ALCOHOL & DRUGS

- ✗ The use of **Alcohol or drugs** is strictly prohibited during the event & for at least **6 hours before the start**.
- ✗ Any participant found under the influence will be **DENIED ENTRY** and will not be allowed to take part in the Swimathon.

🍽️ ADDITIONAL FOOD COUPONS

- 🔗 Swimmers’ **FOOD COUNTER** open at **10:00 am** for **Brunch**.
- 🔗 Swimmers’ Brunch is Complimentary - NO payment required.
- 🔗 If you need **Breakfast earlier**, please book **Packed Breakfast** - ₹100 per person (Pre-book, counter opens at **8:30 am**).
- 🔗 **Buffet Brunch** - ₹300 per person (for friends/family).
- 🔗 For swimmers’ **friends or family**, please **purchase coupons in advance**.
- 🔗 Coupons are limited - **book early**.
- 🔗 To book, WhatsApp: **949 570 4266**, Kindly avoid phone calls.

💧 HYDRATION

- 🔗 Hydration will be provided at designated **Hydration Points** along the swim track.
- 🔗 For **20 Km, 10 Miles & 10 Km** participants who wish to bring their own hydration:
 - Hand over at the **dedicated desk at the venue** from **Saturday, 4:00 pm onwards**.
 - Hydration kit must be **sealed in a transparent cover**, clearly labeled with:
 - Swimmer’s Name, BIB No., Hydration Point (e.g., CP01 / CP02)
- 🔗 For further clarifications, please **WhatsApp Mr. Binu (9847283630)**. Kindly **avoid phone calls**.

🏁 RACE FINISHING

- 🔗 After finishing, swimmers must report to the **Timing Desk**, then **Registration Desk**
- 🔗 Collect your **Medal** at the desk.
- 🔗 Proceed to the **Food Counter** for **Brunch** after collecting medals.
- 🔗 **e-Certificates** will be generated and available for download from the website within **5 working days** after the event.

PHOTOS

- 🔗 Dedicated cameramen will be present at the venue, especially at Photo Points.
- 🔗 Make sure to **pose for photos** - don't miss capturing your achievement!
- 🔗 At the finishing point, kindly share your **review** with the dedicated videographers - your feedback helps us improve and celebrate the event better.
- 🔗 When posting on your social media, please tag @tdksportsindia and #kochiswimathon

SAFETY & MEDICAL ASSISTANCE

-  Follow instructions from the official crew
-  Medical support is available at the venue.
-  If you feel sick, please visit the Medical Desk.
-  If you feel panic, overstressed, or uncomfortable, our crew will assist you immediately.
-  Kayak support along the swimming track.
-  During the race:
 -  Raise your hand to signal the nearest kayak.
 -  Hold the rope (track) and wait for rescue
-  Your safety is our priority - stay calm, signal clearly, and trust the support team

RESPECT & CONDUCT

- Treat all volunteers and race officials with respect and courtesy.
- Always uphold the spirit of sport.
- No pushing or shoving at the start, during the race, or at the finish.
- Any obstruction, interference, or hostile behaviour will result in disqualification.
- Malpractice is strictly prohibited, including:
 - ✗ Fake entry under another swimmer's name
 - ✗ Using another swimmer's Bib Number
 - ✗ Removing Bib from the hand
 - ✗ Swimming without a **Tow Float**
 - ✗ Any attempt to cheat or misrepresent identity

CLOTHING & FITNESS

- 🔗 Participants must wear appropriate swimwear and confirm they are fit to swim unaided.
- 🔗 If you have any medical conditions or injuries, consult your doctor before participating.
- 🔗 Participation is at your own risk.

DAMAGES

Participants are liable for any damage to equipment owned by TDK Sports or our partners.

TRAVEL & MEDICAL INSURANCE

- All participants valid travel or medical insurance.
- Organizers are not liable for any medical expenses or evacuation.
- TDK Sports / santos.travel can recommend insurance providers.

EVENT AUTHORITY

- All participants must follow instructions from event officials, crew and volunteers.
- The event director's decision is final in all matters of safety and conduct.
- Disrespect, unsafe behaviour, or interference with other swimmers will result in **immediate disqualification**.
- All volunteers and race officials must be treated with respect and courtesy

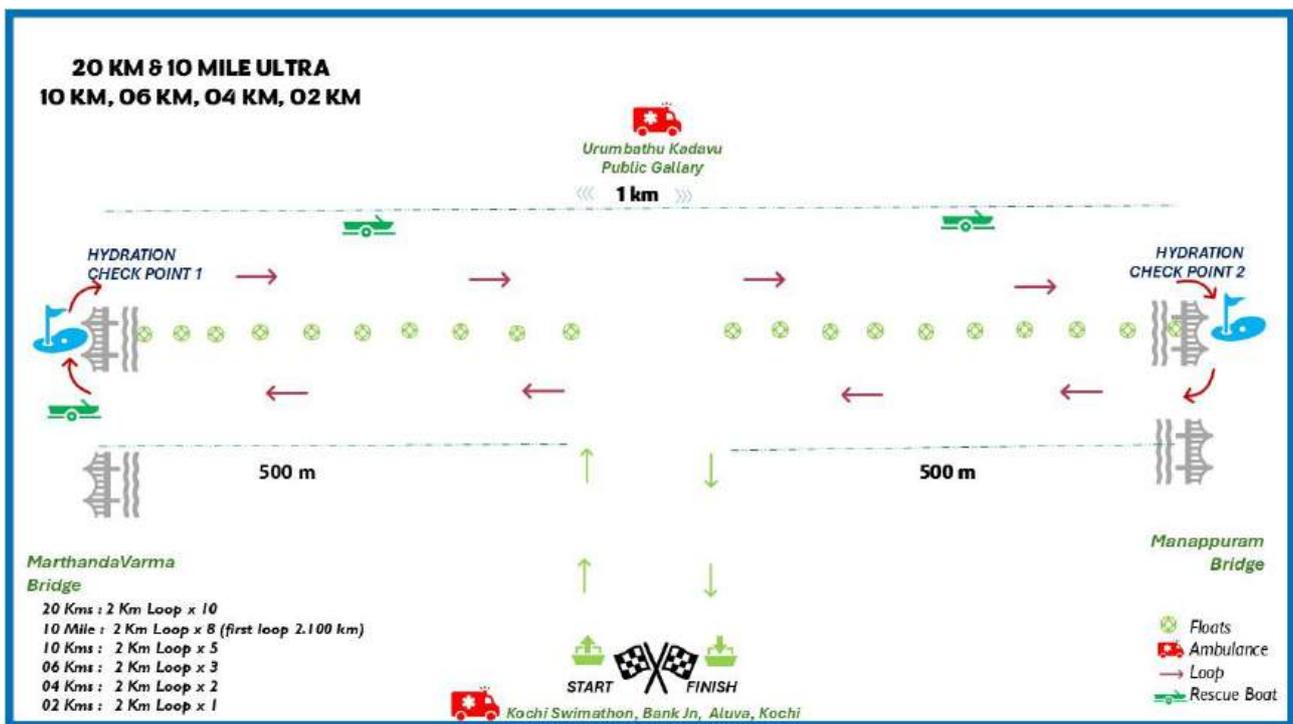
HEALTH & SAFETY PROTOCOLS

All health and safety protocols issued by State & Central Governments and event organizers must be strictly followed.

EVENT UPDATES: (TDK Sports / KOCHI SWIMATHON)



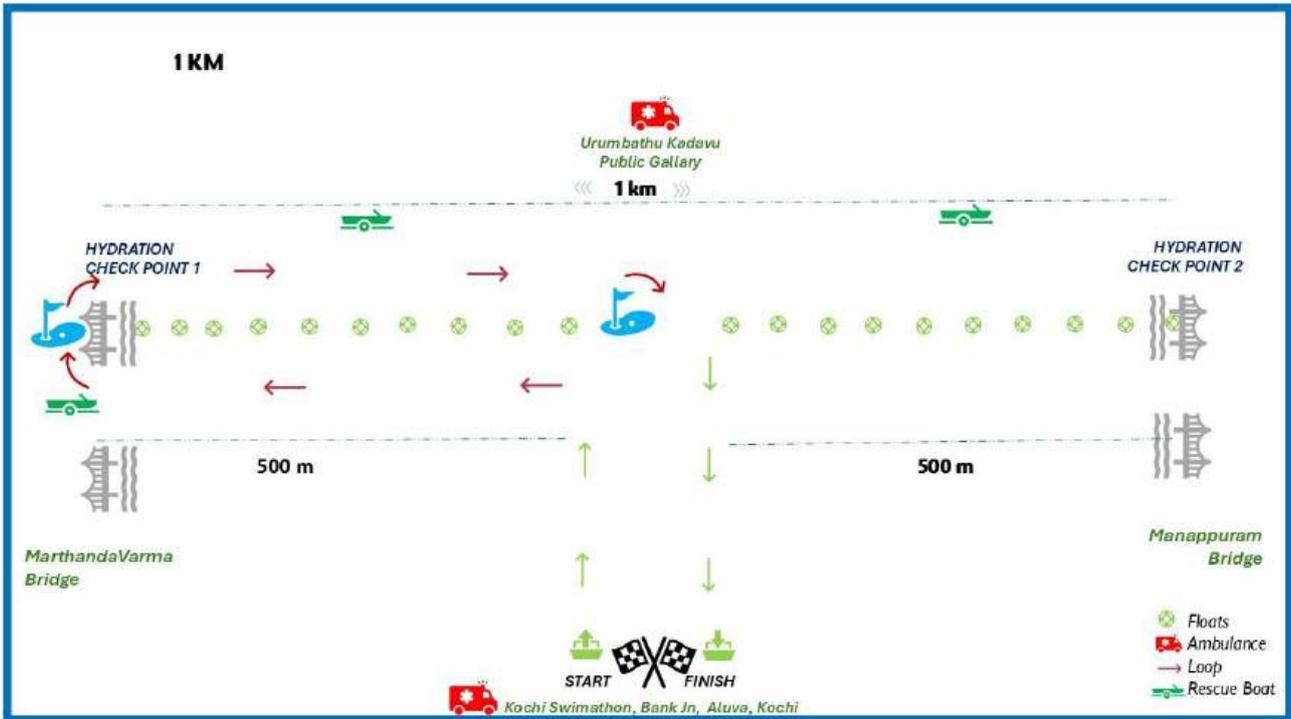
FEDERAL BANK KOCHI SWIMATHON COURSE MAP - 20K, 10M, 10K, 6K, 4K, 2K



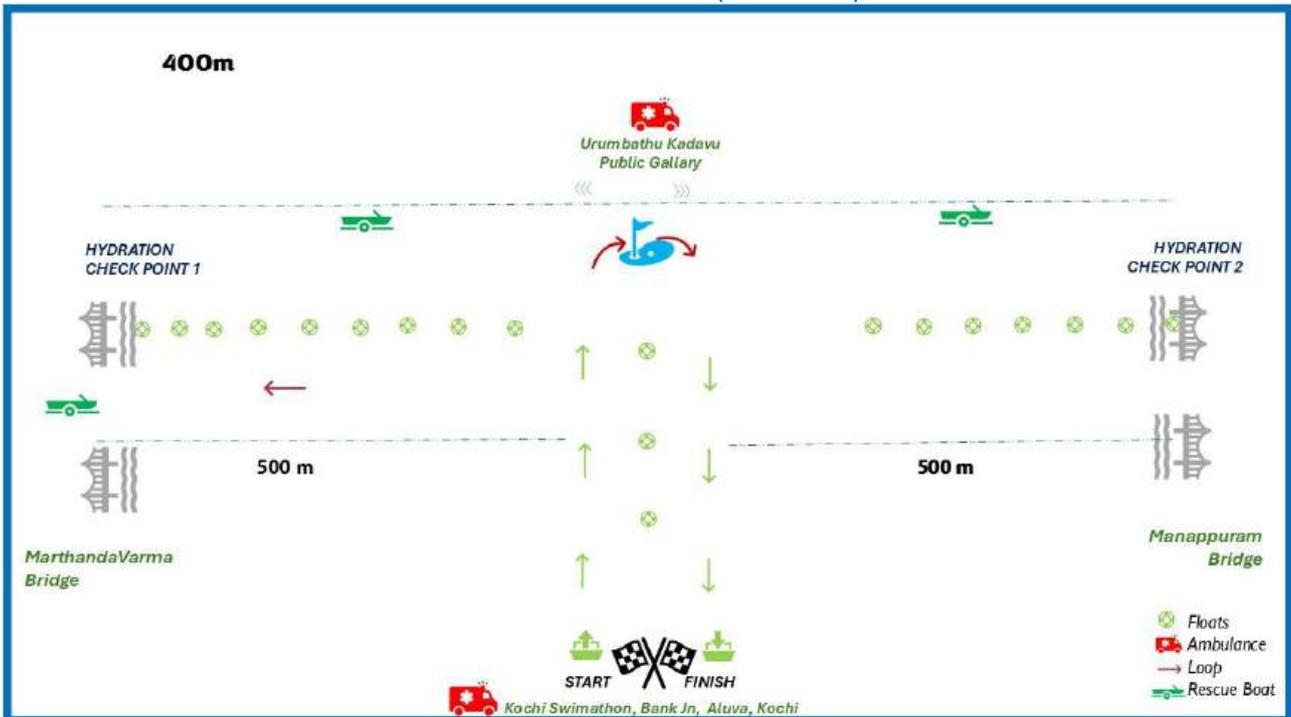
- **HYDRATION** checkpoints every 1Km
- **RESCUE KAYAKS** and **FLOATS** spaced for swimmer safety

	EVENTS	DISTANCE	LOOP STRUCTURE
1.	20 KM ULTRA	20.00 km	10 loops x 2 km
2.	10 MILES ULTRA	16.10 km	1 loop x 2.1 km + 7 loops x 2 km
3.	10 KM MARATHON	10.00 km	5 loops x 2 km
4.	6 KM	6.00 km	3 loops x 2 km
5.	4 KM	4.00 km	2 loops x 2 km
6.	2 KM	2.00 km	1 loops x 2 km
7.	1 KM	1.00 km	1 loop x 1 km
8.	400m	400 m	200m (out) - U turn - 200m (back)

COURSE MAP - 1K



COURSE MAP - 400m. (River Cross)



Federal Bank **Kochi Swimathon Ultra 2026**
India's Largest Open Water Swimathon
The FIFTH Edition, Fresh Water
808 9084088 | info@tdksports.in | www.tdksports.in